

Healing for Broken Relationships

Psalm 147:3

“He heals the brokenhearted and binds up their wounds.”

What causes the breakdown of relationships?

- 1) **Misunderstanding**
- 2) **Lack of Information**
- 3) **Prejudice**
- 4) **Betrayal of Trust**
- 5) **Orneriness**
- 6) **Different Personalities**
- 7) **Unrealistic Expectations**
- 8) **Different Perspectives**
- 9) **Different Values and Beliefs**
- 10) **Abuse**
- 11) **Neglect**

Spiritual causes for broken relationships

- 1) **Sin in our own lives**
- 2) **A lack of love for others**
- 3) **Selfishness**
- 4) **Bitterness sends its roots down into our lives.**

Steps to healing the wound:

- 1) **Intentional Loving**
- 2) **Humble Forgiving**
- 3) **Uplifting Speaking**
- 4) **Healing begins in the heart**
- 5) **Live in Today**
- 6) **Be willing to say you are sorry**
- 7) **Look to the Healer**

The healed wounded: Is God asking you to be a healing agent in the lives of others?

PROBLEMS

- P – Persist with pessimistic outlook
- R – Resist change
- O – Overlook opportunity
- B – Block the Holy Spirit
- L – Lack courage
- E – Entangle yourself in the problem
- M – Misinterpret the facts
- S – Seek answers from people rather than God

OPPORTUNITIES

- O – Open your heart to God
- P – Pray with Power
- P – Practice the Presence of God
- O – Old and new brought together
- R – Rejoice always
- T – Tune into the Holy Spirit
- U – Unleash your faith
- N – Nurture and encourage others
- I – Investigate your options
- T – Turn your eyes upon Jesus
- Y – Yoke up with other believers

Donald L. Phillips, *Healing Broken Lives & Relationships*, 38-39