

No Worries, Mate
Matthew 6:25-34

What causes worry?

- 1) When something is out of our **control**.
- 2) Fear of the **unknown**.
- 3) Fear of the **known**.

Two big problems people face:

- 1) Dealing with the **past**
- 2) Worry about the **future**

I. Basic Command: **Don't worry about the Necessities of Life**

A. **Don't worry about these things.**

Jesus gives four reasons why we should not worry.

- 1) Worry is **unnecessary** (v 26)
- 2) It is **useless** (v 27)
- 3) It is **blind** (vv 28-29)
- 4) It demonstrates a **lack** of faith (v 30)

B. Important sequence:

- 1) **Trust God** (1 Peter 5:6-7)
- 2) **Work hard**

Two extremes will lead to problems:

- a) Having no worries to the point of being lazy
- b) Working so hard that we make things of this world our treasure

Proverbs 6:6-11; 1 Timothy 5:8

- 3) **Trust God more**

II. **Put Your Priorities in Order**

A. Two things to seek (v. 33):

- 1) God's **Kingdom**
- 2) God's **Righteousness**

B. Reality Check (v. 34): Don't let life pull you down.